



Sugar Free Muffins

Isabella's® Sugar Free Chocolate Muffins (#12873003)

Nutrition Facts		Amount / Serving	% Daily Value*	Amount / Serving	% Daily Value*	
Serving Size 1/2 Muffin (55g) Servings Per Container 8 Calories 140 Calories from Fat 45	Total Fat	5g	8%	Total Carbohydrate	27g 9%	
	Saturated Fat	1g	5%	Dietary Fiber	2g 8%	
	Trans Fat	0g		Sugars	0g	
	Cholesterol	10mg	3%	Sugar Alcohol	11g	
	Sodium	170mg	7%	Protein	3g	
	Vitamin A	0%		Calcium	2%	
	Vitamin C	0%		Iron	6%	
	*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500					
	Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300 mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g					
	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: MALTITOL SYRUP, UNBLEACHED, UNBROMATED, ENRICHED FLOUR (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), WATER, SOYBEAN OIL, EGGS, EGG WHITES, COCOA (processed with alkali), Contains less than 2% of: OAT FIBER, MODIFIED FOOD STARCH, LEAVENER (baking soda, sodium acid pyrophosphate, monocalcium phosphate), SOY FLOUR, EMULSIFIERS (sorbitan monostearate, mono- & di-glycerides, polysorbate 60, propylene glycol, sodium stearoyl-2-lactylate), NATURAL & ARTIFICIAL FLAVORS, POTASSIUM SORBATE (a preservative), SALT, WHEY (milk derivative), SUCRALOSE (artificial sweetener).

Isabella's® Sugar Free Lemon Poppy Muffins (#12873002)

Nutrition Facts		Amount / Serving	% Daily Value*	Amount / Serving	% Daily Value*	
Serving Size 1/2 Muffin (55g) Servings Per Container 8 Calories 170 Calories from Fat 50	Total Fat	6g	9%	Total Carbohydrate	30g 10%	
	Saturated Fat	1g	5%	Dietary Fiber	1g 4%	
	Trans Fat	0g		Sugars	0g	
	Cholesterol	25mg	8%	Sugar Alcohol	12g	
	Sodium	80mg	3%	Protein	3g	
	Vitamin A	0%		Calcium	4%	
	Vitamin C	0%		Iron	6%	
	*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500					
	Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300 mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g					
	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: MALTITOL SYRUP, UNBLEACHED, UNBROMATED, ENRICHED FLOUR (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), WATER, EGGS, SOYBEAN OIL, POPPYSEEDS, Contains less than 2% of: OAT FIBER, MODIFIED FOOD STARCH, EMULSIFIERS (sorbitan monostearate, polysorbate 60, propylene glycol, sodium stearoyl-2-lactylate, mono- and di-glycerides), SOY FLOUR, LEAVENER (sodium aluminum phosphate, baking soda), POTASSIUM SORBATE (a preservative), NATURAL AND ARTIFICIAL FLAVORS, LEMONS, SALT, WHEY (milk derivative), SUCRALOSE (artificial sweetener), LEMON OIL.

Isabella's® Sugar Free Native Corn Muffins (#12873004)

Nutrition Facts		Amount / Serving	% Daily Value*	Amount / Serving	% Daily Value*	
Serving Size 1/2 Muffin (55g) Servings Per Container 8 Calories 170 Calories from Fat 50	Total Fat	6g	9%	Total Carbohydrate	30g 10%	
	Saturated Fat	1g	5%	Dietary Fiber	1g 4%	
	Trans Fat	0g		Sugars	0g	
	Cholesterol	25mg	8%	Sugar Alcohol	12g	
	Sodium	75mg	3%	Protein	3g	
	Vitamin A	0%		Calcium	2%	
	Vitamin C	0%		Iron	6%	
	*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500					
	Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300 mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g					
	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: MALTITOL SYRUP, UNBLEACHED, UNBROMATED, ENRICHED FLOUR (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), WATER, EGGS, SOYBEAN OIL, CORNMEAL, Contains less than 2% of: OAT FIBER, MODIFIED FOOD STARCH, SOY FLOUR, EMULSIFIERS (sorbitan monostearate, polysorbate 60, propylene glycol, sodium stearoyl-2-lactylate, mono- and di-glycerides), LEAVENER (sodium aluminum phosphate, baking soda), POTASSIUM SORBATE (a preservative), SALT, WHEY (milk derivative), NATURAL FLAVORS, SUCRALOSE (artificial sweetener).