

Isabella's® Apple Cider Whole Grain Muffins (#127311)

Nutrition Facts		Amount / Serving	% Daily Value*	Amount / Serving	% Daily Value*	
Serving Size 1/2 Muffin (55g) Servings Per Container 8 Calories 170 Calories from Fat 70	Total Fat	7g	11%	Total Carbohydrate	24g 8%	
	Saturated Fat	1.5g	8%	Dietary Fiber	2g 8%	
	Trans Fat	0g		Sugars	14g	
	Cholesterol	15mg	5%	Protein	2g	
	Sodium	400mg	17%			
	Vitamin A	0%		Calcium	4%	
	Vitamin C	2%		Iron	6%	
					*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
					Calories: 2,000 2,500	
					Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300 mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g	
				Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4		

INGREDIENTS: Muffin: WHOLE WHEAT FLOUR, BROWN SUGAR, EGG WHITES, SOYBEAN OIL, APPLES, BUTTERMILK (milk), EGGS, SUGAR, Contains less than 2% of: MODIFIED FOOD STARCH, SPICES, ORANGES, NATURAL AND ARTIFICIAL FLAVORS, CITRUS FIBER, EMULSIFIERS (propylene glycol, mono- and di-esters of fats and fatty acids, mono- and di-glycerides, soy lecithin, sodium stearoyl lactylate, sodium propionate, citric acid), LEAVENER (baking soda, sodium acid pyrophosphate, monocalcium phosphate), SALT, WHEAT GLUTEN, POTASSIUM SORBATE (a preservative), XANTHAN GUM. Topping: COARSE SUGAR.

Isabella's® Banana Whole Grain Muffins (#127312)

Nutrition Facts		Amount / Serving	% Daily Value*	Amount / Serving	% Daily Value*	
Serving Size 1/2 Muffin (55g) Servings Per Container 8 Calories 160 Calories from Fat 60	Total Fat	7g	11%	Total Carbohydrate	23g 8%	
	Saturated Fat	1.5g	8%	Dietary Fiber	2g 8%	
	Trans Fat	0g		Sugars	12g	
	Cholesterol	15mg	5%	Protein	3g	
	Sodium	420mg	18%			
	Vitamin A	0%		Calcium	2%	
	Vitamin C	2%		Iron	4%	
					*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
					Calories: 2,000 2,500	
					Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300 mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g	
				Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4		

INGREDIENTS: muffin: WHOLE WHEAT FLOUR, SUGAR, BANANAS, EGG WHITES, SOYBEAN OIL, BUTTERMILK (milk), EGGS, Contains less than 2% of: MODIFIED FOOD STARCH, NATURAL FLAVORS, CITRUS FIBER, EMULSIFIERS (propylene glycol, mono- and di-esters of fats and fatty acids, mono- and di-glycerides, soy lecithin, sodium stearoyl lactylate, sodium propionate, citric acid), LEAVENER (baking soda, sodium acid pyrophosphate, monocalcium phosphate), SALT, POTASSIUM SORBATE (a preservative), XANTHAN GUM. Topping: COARSE SUGAR.

Isabella's® Blueberry Whole Grain Muffins (#127310)

Nutrition Facts		Amount / Serving	% Daily Value*	Amount / Serving	% Daily Value*	
Serving Size 1/2 Muffin (55g) Servings Per Container 8 Calories 170 Calories from Fat 70	Total Fat	7g	11%	Total Carbohydrate	22g 7%	
	Saturated Fat	1.5g	8%	Dietary Fiber	2g 8%	
	Trans Fat	0g		Sugars	11g	
	Cholesterol	15mg	5%	Protein	3g	
	Sodium	440mg	18%			
	Vitamin A	0%		Calcium	2%	
	Vitamin C	0%		Iron	4%	
					*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
					Calories: 2,000 2,500	
					Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300 mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g	
				Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4		

INGREDIENTS: muffin: WHOLE WHEAT FLOUR, SUGAR, EGG WHITES, SOYBEAN OIL, BUTTERMILK (milk), BLUEBERRIES, EGGS, Contains less than 2% of: MODIFIED FOOD STARCH, CITRUS FIBER, NATURAL & ARTIFICIAL FLAVORS, EMULSIFIERS (water, sodium stearoyl lactylate, mono- and di-glycerides, sodium propionate, citric acid, propylene glycol, mono- and di-esters of fats and fatty acids, soy lecithin), LEAVENER (baking soda, sodium acid pyrophosphate, monocalcium phosphate), SALT, POTASSIUM SORBATE (a preservative), XANTHAN GUM, LEMON OIL. Topping: COARSE SUGAR.

Isabella's® Double Chocolate Whole Grain Muffins (#127313)

Nutrition Facts		Amount / Serving	% Daily Value*	Amount / Serving	% Daily Value*	
Serving Size 1/2 Muffin (55g) Servings Per Container 8 Calories 200 Calories from Fat 90	Total Fat	10g	15%	Total Carbohydrate	26g 9%	
	Saturated Fat	2.5g	13%	Dietary Fiber	2g 8%	
	Trans Fat	0g		Sugars	16g	
	Cholesterol	10mg	3%	Protein	3g	
	Sodium	350mg	15%			
	Vitamin A	0%		Calcium	2%	
	Vitamin C	0%		Iron	6%	
					*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
					Calories: 2,000 2,500	
					Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300 mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g	
				Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4		

INGREDIENTS: Muffin: SUGAR, WHOLE WHEAT FLOUR, SOYBEAN OIL, MILK, EGG WHITES, CHOCOLATE CHIPS (sugar, chocolate liquor, cocoa butter, dextrose, soy lecithin (emulsifier), and vanilla (an artificial flavoring)), EGGS, COCOA (processed with alkali), Contains less than 2% of: MODIFIED FOOD STARCH, NATURAL AND ARTIFICIAL FLAVORS, CITRUS FIBER, EMULSIFIERS (propylene glycol, mono- and di-esters of fats and fatty acids, mono- and di-glycerides, soy lecithin, sodium stearoyl lactylate, sodium propionate, citric acid), LEAVENER (baking soda, sodium acid pyrophosphate, monocalcium phosphate), SALT, SOY FLOUR, POTASSIUM SORBATE (a preservative), XANTHAN GUM, SUCRALOSE (artificial sweetener). Topping: COARSE SUGAR.